SUMMER RESOURCE GUIDE

2023

Internship & Job Opportunities for High School Students in NYC

Compiled by Center for Family Life in Sunset Park
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Note: If an entry contains the symbol $^\cup$, it is open to all applicants, regardless of documentation required to work in the United States.
NEW YORK CITYWIDE PROGRAMS

Program Title: Summer Youth Employment Program
Application Deadline: March 31st, 2023

Program Summary: Summer Youth Employment Program (SYEP) is the nation’s largest youth employment program, connecting NYC youth between the ages of 14 and 24 with career exploration opportunities and paid work experience each summer. Participants have the opportunity to explore their interests and career pathways, develop workplace skills and engage in learning experiences that help in developing their social, civic and leadership skills. By participating in structured project-based learning and work-based opportunities, NYC youth are better prepared for careers of the future.

Special programming available for NYC youth through SYEP

- NYC Teens aged 14-15 can participate in paid project-based learning activities which will help them explore different career opportunities
- Young people aged 16-24 can apply for paid Summer Jobs in a variety of industries throughout NYC

Important things to note:
Host Agency: Department of Youth and Community Development
Eligibility Requirements: Ages 14-24, NYC resident, eligible to work in the U.S.
Application Materials: Online application
Link: https://www1.nyc.gov/site/dycd/services/jobs-internships/about-syep.page

COLLEGE PREP & ACADEMIC SUPPORT

Program Title: NYU College Access Leadership Institute (CALI)
Application Deadline: April 3rd, 2023

Program Summary: This one-week program will be led by NYU Admission counselors and will include workshops and seminars that prepare students for the college application process and to succeed in college. Students will learn to develop their college list, succeed at standardized testing, write their college essay, apply for financial aid and much more. Once the student graduates the program, they will be certified College Access Ambassadors and act as mentors and advisers in their respective high schools, conducting their very own college application workshop for their peers. If selected, students are awarded a full scholarship to the institute and fee waivers are available for NYU Applications should students decide to apply to NYU for university.

Important things to note
Program Dates: July 17 - July 21st, 2023 (One Week)
Eligibility Requirements: Currently in 10th or 11th grade

Application Materials: Online Application, transcript, short essay, and letter of recommendation

Link: https://www.nyu.edu/admissions/high-school-and-middle-school-programs/high-school-programs/college-access-leadership-institute.html

Program Title: Carleton Liberal Arts Experience (CLAE)

Application Deadline: April 14, 2023

Program Summary: Carleton College is honored to host an inspiring summer program designed for the best and brightest college-bound students representing high schools across the country. The Carleton Liberal Arts Experience (CLAE) will select 52 high school students who have just completed their sophomore year and bring them to Carleton, all expenses paid, for a one-week summer program. The CLAE program introduces the strengths of a liberal arts education through an array of courses in science, art, social sciences, and technology.

Recent CLAE course offerings include:

- The African American Experience
- Schooling, Opportunity, & Identities in the U.S
- What We Don’t Know We "Know": Pop Culture and the Distortion of Reality
- Religion and the Black Freedom Struggle
- DNA Fingerprinting: The Science of Forensics

In addition, workshops are offered to assist participants with their high school and college careers. Past workshop offerings have included:

- ACT & SAT Preparation
- Keys to Getting into College: What You Need to Know about the Application Process and Financial Aid

Important things to note:

Host College/University: Carleton College (MN)

Program Dates: July 15 - July 22, 2023 (One Week)

Financial Support: All expenses paid

Eligibility Requirements: Students of African American descent or students who have an interest in African American culture are encouraged to apply. Applicants must be college-bound high school students who are currently sophomores (10th grade).

Application Materials: Online application (including several short-answer essays; high school report card or transcript; at least one letter of recommendation from an academic teacher, counselor, or mentor.

Link: http://apps.carleton.edu/summer/clae/
**LAW & CRIMINAL JUSTICE**

**Program Title: The Manhattan District Attorney’s High School Internship Program**

Application Deadline: March 1st, 2023 at 5:00pm

**Program Summary:** The Manhattan District Attorney’s High School Internship Program is a rigorous internship that provides students with an insider’s view of the criminal justice system. Each intern is assigned to a unit within the Office and helps Assistant District Attorneys and other staff members with their work. Interns also attend presentations and trips and participate in mock trial competitions. Participants will take part in a series of presentations and conversations with staff in order to build an understanding of how policies are developed and implemented.

**Important things to note**

**Eligibility:** Applicants must live in Manhattan or attend school in Manhattan and be in 10th, 11th, or 12th grade

**Application Materials:** One page resume and 300-word essay

**Internship Dates:** Applicants must commit to attending the full six-week session from July 10 - August 25. Students will participate in-person Monday through Friday from 9:30AM - 4:30PM.

**Link:** [http://manhattanda.org/high-school-internship](http://manhattanda.org/high-school-internship)

**Program Title: NYPD Law Enforcement Explorers**

Application Deadline: Rolling Admission

**Program Summary:** The Law Enforcement Explorers program provides young men and women from the city's diverse communities with an introduction to a career in law enforcement or a related field in the criminal justice system. The program, geared for ages 14 to 20, often results in strengthening ties between the community and police. Explorers are taught the importance of higher education, self-discipline, and respect for diversity and human dignity through training, involvement in community service projects, and other Exploring events.

**Important things to note:**

**Financial Support:** N/A

**Eligibility Requirements:** Ages 14-20

**Application Materials:** Online Application

**Link:** [http://www1.nyc.gov/site/nypd/services/](http://www1.nyc.gov/site/nypd/services/law-enforcement/youth-programs/explorers.page)

**Program Title: FDNY Exploring Program**

Application Deadline: Rolling Admission

**Program Summary:** The FDNY Exploring Program is part of the Greater New York Councils Exploring Program. The Exploring Program gives New Yorkers between the ages of 14 to 20 the opportunity to gain valuable insight into a
career at the Fire Department, while simultaneously building plans for their futures. The innovative program helps participants gain work experience and assistance with educational and fitness requirements that are critical to successfully pursuing a career at the FDNY. Participants also develop contacts with FDNY Firefighters, EMTs, Paramedics and others already on the job.

**Important things to note:**
- **Financial Support:** N/A
- **Eligibility Requirements:** Ages 14-20; currently attending school or GED Equivalent, proof of ability to maintain satisfactory GPA, provide a doctor’s letter of good health, be able to attend four meetings per month and pay a $15 fee.
- **Application Materials:** Application is online
  - **Link:** [https://www.joinfdny.com/youth/](https://www.joinfdny.com/youth/)

**STEM (Science, Technology, Engineering, Math) & Health**

**Program Title:** **Applied Research Innovations in Science and Engineering (ARISE)**

- **Application Deadline:** March 1st, 2023 at 11:59 PM
- *Approximately 76-80 placements are available for the summer of 2023.

**Program Summary:** This free selective program is for academically strong, current 10th and 11th grade New York City students with a demonstrated interest in science, technology, engineering and math (STEM). This full-time, seven-week program includes: College level workshops and seminars, a high-level research experience in participating NYU faculty labs, and mentoring in that placement by a graduate or postdoctoral student. In the seminars and workshops, students will be introduced to the scientific method and ethics, data collection and analysis, research practices and lab safety. Students will also receive hands-on experience in labs, as well as training in presentation and public speaking.

**Important things to note:**
- **Host College/University:** NYU Tandon School of Engineering
- **Program Dates:** June 28th to August 11th, 2023 (orientation June 23rd, 2023). Full time, Monday-Friday from 9am to 5pm
- **Financial Support:** $750 stipend, additional stipends may be available for certain students on an individual and demonstrated-need basis.
- **Eligibility Requirements:** Applicants must be residents of the City of New York (must live in one of the five boroughs) and will be completing 10th or 11th grade in June 2023. Must be fully vaccinated and boosted for Covid-19.
- **Application Materials:** Online application (including transcript, one support letter, an essay, and a designated research area of interest)
  - **Link:** [http://engineering.nyu.edu/k12stem/arise/](http://engineering.nyu.edu/k12stem/arise/)

**Program Title:** **Computer Science for Cyber Security (CS4CS)**
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Application Due: April 14, 2023

**Program Summary:** A free, three-week, full-day summer program providing an introduction for high school students on the fundamentals of cyber security and computer science at the NYU Tandon School of Engineering. No background or experience in cybersecurity or computer programming is needed in order to apply, only your interest and enthusiasm. Students will learn about cryptography, steganography, digital forensics, privacy, data usage, “white-hat” hacking and other issues relevant to the fast-growing cyber industry.

**Important things to note:**
- **Host University:** New York University
- **Program Dates:** July 10 - July 28th, 2023, with an orientation July 7th and a holiday on July 4th. Full Day Monday through Friday 9AM - 4PM.
- **Eligibility Requirements:** NYC residents that are entering 9th, 10th, 11th or 12th grade in September 2023.
- **Application Materials:** Online application; unofficial or official transcript
- **Link:** [https://engineering.nyu.edu/academics/programs/k12-stem-education/computer-science-cyber-security-cs4cs](https://engineering.nyu.edu/academics/programs/k12-stem-education/computer-science-cyber-security-cs4cs)

**Program Title: NASA Internship Programs**

**Program Summary:** NASA internships, fellowships and scholarships leverage NASA’s unique missions and programs to enhance and increase the capability, diversity and size of the nation’s future STEM. NASA Office of STEM Engagement (OSTEM) paid internships allow high school and college-level students to contribute to agency projects in either research or other experiential learning under the guidance of a NASA mentor.

**Important things to note**
- **Program Dates:** Varies
- **Financial Support:** Possible stipend award
- **Eligibility Requirements:** Must be at least 16 years of age and a current sophomore, junior or senior, a U.S. citizen, and have a 3.0 GPA
- **Application Materials:** varies depending on choice of internship
- **Link:** [https://nasacentral.force.com/s/explore-opportunities](https://nasacentral.force.com/s/explore-opportunities)

**Program Title: Summer Neuroscience Program at Rockefeller University**

Application Deadline: March 12, 2023 at 11:59 PM

**Summary:** The Summer Neuroscience Program at The Rockefeller University is a two-week science outreach program for NYC public high schoolers. The program is led by graduate students and looks at ongoing research in neuroscience in an effort to understand how our brain works and how it relates to our daily life. Students will participate in interactive lectures, dissecting a brain, visit research facilities, meet with scientists, and more.

**Important things to note**
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**Host University:** The Rockefeller University

**Program Dates:** August 14th - 25th, 2023, meeting Monday – Friday, 9:30 am to 4:00 pm

**Financial Support:** All expenses are covered (e.g. MTA passes, meals, and all necessary equipment and supplies)

**Eligibility Requirements:** Must be at least 16 years old, enrolled in a NYC public school and commit to the full program no exceptions

**Application Materials:** Online application (submitted by student) and a reference form (submitted by teacher/mentor)

**Link:** [https://www.rockefeller.edu/outreach/snp/](https://www.rockefeller.edu/outreach/snp/)

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**Program Title: Girls Who Code**

**Application Deadline:** March 24th, 2023

**Program Summary:** Girls Who Code is offering two free programs in the summer. Applicants can apply for BOTH programs, however; students can only participate in one Summer Program. The Summer Immersion Program (SIP) is a virtual, 2-week introductory course to game design focusing on beginner to intermediate CS concepts, the iterative design process, UX design basics, and introducing students to the tech industry.

OR

In the Self-Paced Program students are able explore introductory coding with HTML, CSS, JavaScript, or more advanced applications of Python with a focus on cybersecurity. Students have 6 weeks to complete course projects at their own pace while having the opportunity to build community through weekly advisory sessions and activities.

**Important things to note**

(Summer Immersion Program)

**Program Dates:** Round 1: Friday, June 16th, 2023 - Friday, June 30th, 2023 (No class June 19th), Round 2: Monday, July 10th, 2023 - Friday, July 21st, 2023, Round 3: Monday, July 31st, 2023 - Friday, August 11th, 2023

**Eligibility:** 9th through 11th grade for the two week program; female-identifying and gender non-conforming people

**Application materials:** Online application

**Financial support:** $300 needs-based grant provided

**Link:** [https://girlswhocode.com/programs/summer-immersion-program](https://girlswhocode.com/programs/summer-immersion-program)

(Self-Paced Program)

**Program Dates:** Monday, July 3rd, 2023 through Friday, August 11th, 2023 (No Live events on July 4th)

**Eligibility:** 9th through 12th grade girls and gender non-conforming people

**Application materials:** Online application

**Link:** [https://girlswhocode.com/programs/summer-immersion-program](https://girlswhocode.com/programs/summer-immersion-program)

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**Program Title: Science Research Mentoring Program**

**Application Deadline:** March 5th, 2023 at 9 pm

**Program Summary:** The Science Research Mentoring Program at the American Museum of Natural History (AMNH) is an opportunity for NYC high school students to conduct one year (August 2023 - June 2024) of scientific research with AMNH scientists. High school students get paid to conduct research and work with peers and scientist mentors.
twice a week throughout the school year (4hrs/week) on a project that has never been done before. Students will gain new skills such as working with DNA in the lab, analyzing data from space based telescopes, learning to code and analyze data in Python, R, and other programming languages and more.

**Important things to note:**

**Host:** American Museum of Natural History

**Eligibility Requirements:** Applicant must be in the 10th or 11th Grade and passing your classes for the last three or more semesters and Participated in and completed a course in CodeAMNH, a course in the Science Alliance Program or Science and Nature Program

**Program Dates:** August 2023 - June 2024

**Financial Support:** $1,000 upon completion of research and program requirements

**Link:** https://www.amnh.org/learn-teach/teens/science-research-mentoring-program

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**The GOALS for Girls**

**Application Deadline:** March 17, 2023

**Program Summary:** This free intensive STEM program promotes the awareness of science, technology, engineering, and math and nurtures leadership and social skills through dynamic mentorship opportunities, field trips, developing presentations, communication skills, and meeting influential women in STEM. Upon completion of the summer program alumni are given opportunities to participate in paid internship-mentorship programs and free events are offered throughout the school year. Those who complete the internship will receive a certificate of completion, ongoing support and access to resources.

**Important things to note:**

**Host Organization:** Intrepid Museum

**Program Dates:** Monday, July 10-Friday, August 11, 2023 (Monday-Friday) 9am-3pm

**Eligibility Requirements:** Applicants must be in 9th grade, identify as female, live in one of the five boroughs of NYC, commit to the six week program, and attend a virtual or in-person interview with a staff member of the Intrepid Museum

**Financial Support:** Participants will be given a combination of unlimited monthly and weekly MetroCards, and lunches

**Application Materials:** Online application; copies of official transcripts, copy of COVID-19 vaccination status, sample of student work showcasing their abilities through written or video submission, recommendation from an adult (optional)

**Link:** https://www.intrepidmuseum.org/education/goals-for-girls#1

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**Program Title:** Summer Junior Medical Program (JUMP)

**Application Deadline:** March 31st

**Program Summary:** Students will learn from health care professionals, in both clinical and nonclinical areas. You can watch the daily activities and responsibilities involved in running a hospital. To participate in this eight-week program, we need a 100-hour commitment. For more information contact slrhcvolunteersrvs@chpnet.org
**Important things to note**

**Host Organization:** Mount Sinai St. Luke’s Hospital or Mount Sinai West Hospital  
**Program Dates:** Varies. **Must** commit to 100 hours  
**Eligibility Requirements:** Ages 15-17  
**Application Materials:** Application, short essay, letter of recommendation or reference and interview  
**Link:** [http://www.mountsinai.org/locations/st-lukes/about/volunteer](http://www.mountsinai.org/locations/st-lukes/about/volunteer)

**Hospital for Special Surgery Volunteer**  
**Application Deadline:** Rolling Admission

**Program Summary:** Hospital for Special Surgery believes that volunteers are an integral part of the HSS family. Currently, they have over 300 volunteers ranging from high school students to retirees who provide assistance in different areas of service. You will find volunteering at HSS to be a beneficial and rewarding experience for not only the individual but also the HSS community. During the summer months’ volunteers/interns are required to donate at least 100 hours within a 10 week period with a minimum of 10-12 hours per week.

**Important things to note**

**Eligibility Requirements:** 16+ and must be vaccinated  
**Application Materials:** Resume, cover letter and interviews  
**Program Dates:** Varies  
**Link:** [https://www.hss.edu/volunteer-in-new-york-city.asp](https://www.hss.edu/volunteer-in-new-york-city.asp)

**New York-Presbyterian Hospital Volunteer**  
**Application Deadline:** March 31st, 2023

**Program Summary:** There are a variety of volunteer roles to fit individual time schedules, abilities and interests. Volunteers may work directly with patients or choose an assignment behind-the-scenes in clerical positions throughout the hospital.

**Eligibility Requirements:** 16+  
**Program Dates:** A commitment of at least 120 hours for 8-10 weeks is required  
**Link:** [https://www.nyp.org/volunteer/summer-volunteering](https://www.nyp.org/volunteer/summer-volunteering)
ELA (English & Language Arts)

Urban Journalism Workshop
Application Deadline: TBA

Program Summary: The Urban Journalism Workshop at New York University is designed to develop the next generation of great journalists. A diverse group of 20 high school juniors and seniors attending schools throughout the five boroughs of New York City or in nearby suburbs of the Tri-State metropolitan region (New York, New Jersey and Connecticut only) will come together to spend 10 days attending an intensive and rewarding journalism “boot-camp” held at the Arthur L. Carter Journalism Institute at New York University.

Important things to note
Host College: New York University
Program Dates: July 17th - July 26th, 2023 (about a week & a half)
Program Cost: Free
Eligibility: Students must be at least 16 years of age and live in the New York City metropolitan area to be eligible. All students must be fully vaccinated and boosted.
Application: Online application will be posted late February 2023
Link: https://journalism.nyu.edu/about-us/institute-projects/urban-journalism-workshop/?ref=shortlink

Program Title: Princeton University Summer Journalism Program
Application Deadline: Monday, February 27th, 2023 by 11:59 PM

Program Summary: The Princeton Summer Journalism Program gives the opportunity for participants to visit Princeton, attend workshops and lectures and learn skills to produce their own newspaper. Students also have the opportunity to tour major news organizations, such as The New York Times, Huffington Post and Bloomberg; cover a professional sports event; film and produce a short documentary; attend a film or theater production; conduct an investigative project; report, write, edit and design their own newspaper and so much more. In the weeks prior to visiting campus, students complete weekly reading assignments to stay abreast of current events, begin preparing their stories, and work with their assigned college counselor to complete components of their college applications.

Important things to note
Host College: Princeton University (Hybrid Program)
Program Dates: Virtual Workshops in July and In Person July 28-August 7th, 2023
Eligibility Requirements: Minimum unweighted GPA of 3.5; a junior at the time of application; meet one of the following:
- the combined income of your custodial parent(s)/guardian(s) plus child support payments must not exceed $60,000
- qualify for free or reduced-price lunch in your high school
- qualify for an SAT or ACT fee waiver
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- Must be vaccinated

Financial Support: All expenses paid (includes air or ground transportation to and from campus, housing, meals, and equipment for assignments)

Application Materials: Online application (including two 150 word length and one 400 word length essays related to journalism); official high school transcript; income tax return form; recommendation letter from a teacher; high school profile

Link: https://www.princeton.edu/sjp/

EDUCATION & SOCIAL SERVICES

City Harvest Volunteer

Application Deadline: Rolling Admission

Program Summary: City Harvest volunteers help ensure that good food doesn’t go to waste. Whether you have experience in teaching and nutrition, are interested in working with local farmers, or simply want to give back to your community, your passion and time are important resources in the fight against hunger.

To apply, email volunteerservices@cityharvest.org or visit https://www.cityharvest.org/

Important things to note

Host Organization: City Harvest

Eligibility: Volunteers under 18 must be accompanied by a parent or legal guardian to the volunteer orientation and are required to have a chaperone at all volunteer projects. Before registering for an orientation, please reach out to volunteerservices@cityharvest.org to review the requirements for youth volunteering.

Link: https://www.cityharvest.org/volunteer/volunteer/

DOROT Summer Teen Internship Program

Application Deadline: Rolling Admission

Program Summary: DOROT chooses up to twenty interns for each session. Sophomores, juniors and seniors can intern with a diverse group of socially conscious peers to bring vital social connections to older adults. Through one of four summer teen internship programs, you can develop leadership skills and engage in meaningful programs with older adults. Through a variety of intergenerational activities – including discussion groups, home visits, creative arts and tech assistance – you can give back to the community this summer while earning over 112 community service hours.

Important things to note

Host Organization: DOROT

Program Dates: Two Sessions: Session 1 - June 26th - July 20th; Session 2 - July 25th - August 17th; Hybrid, Monday through Thursday 10am to 4:30pm

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Eligibility: Rising sophomore through rising seniors; Session 1 is for teens who identify as Jewish, or have a parent or grandparent who identifies as Jewish. Session 2 welcomes all teens

Link: www.dorotusa.org

Sadie Nash Leadership Project Summer Institute
Application Deadline: April 17, 2023

Program Summary: Sadie Nash Leadership Project is a 6-week program for self-identified young women, trans, gender fluid, and gender non-conforming people currently attending high school. Through this program, participants question and redefine traditional notions of leadership by engaging in courses about society, identity, and social justice. “Nashers” partake in weekly workshops, attend field trips, and get the chance to meet accomplished women leaders in order to build connections and learn more about leadership. The program also includes social justice classes. If you want to receive an email once the application opens, email nashers@sadienash.org

Program Dates: TBD
Financial Support: $300 stipend at the end of program
Eligibility: Women and gender expansive youth; must be a resident of NYC or Newark; must be enrolled in high school
Application Materials: Online application opens around February 2023
Link: http://www.sadienash.org/summer-institute

Program Title: READY Intern
Application Deadline: February 28th, 2023

Program Summary: READY is The Center’s career preparation internship program for current New York City high school students. They participate in a tailored training series focused on strengthening their resumes, cover letters and interview skills. Once students complete their training, they are eligible to work at a partnering business, organization or establishments and earn work experience.

Important things to note
Program Date: Start date March 6th, 2023.
- There are two separate cohorts which are Monday & Wednesday, and Tuesday & Thursday from 4:30PM-7:00PM which will have roughly 15-17 youth each.
- Upon completion of training, interns will be placed into individual internship placement sites. Unless specified otherwise, internships will be in-person.

Eligibility:
- Interns must be New York City high school students.
- Interns must be vaccinated for COVID-19.
- Interns must submit working papers prior to orientation March 6th, 2023.
- Completed a Center Youth intake.
- Must have access to a social security number.
- Students under the age of 18 must provide guardian consent to participate in an internship at The Center.
- Demonstrated ability to work with individuals of diverse races, identities, ethnicities, ages, gender identity
and sexual orientations in a social justice-driven environment.

- Understanding of, and commitment to, undoing structural and institutional racism and bias and the spectrum of gender identity and bias. Consideration of the impacts and outcomes in decision-making processes and on underserved and historically oppressed communities.
- A strong commitment to social justice and the mission of The Lesbian, Gay, Bisexual and Transgender Community Center.

**Application:** Online Application

**Financial Support:** $15/ hour

**Link:** gaycenter.org/ready-internship

**ARTS & MEDIA**

**Program Title:** RECYouth

**Program Summary:** Join an open free workshop as a video or audio producer, photographer, graphic designer, animator, or game designer. With the help from experts in these fields, you'll learn to use professional hardware and software to create your own digital media projects. Topics include video production, audio production, graphic design, game design and photography. The program takes place inside media labs, located inside recreation centers. By the end of each session, you will have completed a video, audio track, design project, game, animation, website, or app, and will have an opportunity to share your work at a citywide celebration! The curriculum varies by location.

**Important things to note**

**Host Organization:** NYC Parks Department

**Program Dates:** Summer session: July–August

**Eligibility:** Ages 13 to 17 at start of program, committed to the length of program, interest in either film, animation, graphic design, photography, gaming, or coding and membership registration form

**Application Materials:** Online Registration

**Link:** RecYouth: Explore, Design, Create : NYC Parks (nycgovparks.org)

**Young People’s Chorus of NYC Internship**

**Program Summary:** The Young People’s Chorus of New York City (YPC) provides volunteer internships for students interested in gaining experience in the field of non-profit performing arts management and strengthening the role that music plays in society. Interns will assist in a variety of exciting projects related to YPC’s international and domestic programs, ranging from archiving the extraordinary history of YPC to being an integral member of the concert production team. Interns will have the opportunity to work closely with YPC’s Development, Administrative, and Production staff.

**Important things to note**
Eligibility: No prior experience in music or arts management is required. Responsibilities are scaled to the ability of each intern. Interns are required to commit to a minimum of 1-2 days per week during office hours, M-F 10 a.m. to 6 p.m.

Application Materials: Please send your cover letter and resume to careers@ypc.org.

Link: https://ypc.org/interns/

Program Title: Artslife at the Museum of Arts and Design

Application Deadline: April 23rd, 2023 at 11:59 pm

Program Summary: Artslife is a paid summer internship program for rising sophomores and juniors that combines art and design with leadership training, museum studies, and community engagement. The first week of the program focuses on team bonding and introducing interns to the museum. In the remaining five weeks participants work on projects with Museum staff, local designers, and arts professionals who act as mentors. Throughout the course of the program participants will learn about careers in arts, create art with local and visiting artists, create a podcast series and more.

Important things to note:

Program Dates: July 11-August 18th, 2023 from 10 am-3 pm Tuesdays through Fridays.

Eligibility: Entering 10th or 11th grade in Fall 2023

Application Materials: Online application, and one letter of reference from a teacher, guidance counselor, community leader, mentor or coach

Financial Support: $15/hour and receive a free metrocard for the duration of internship

Link: https://madmuseum.org/programs/teen-programs-mad

Program Title: Apollo Theater Academy Technical Stage Production Internship

Application Deadline: Mid- May 2023

Program Summary: The Apollo Theater Academy provides a summer internship program for high schoolers entering their senior year that incorporates professional and personal development as they explore careers in Technical Stage Production. Interns will learn how to apply technical elements of theater such as lighting design, videography, audio engineering, carpentry, and production design to live and recorded stage productions.

Important things to note:

Program Dates: June - August 2023 (6 weeks)

Eligibility: Entering 12th Grade Fall 2023

Application Materials: Online application

Financial Support: Unpaid

Link: https://www.apollotheater.org/education/apollo-theater-academy/internships/
SPORTS & RECREATION

Boys and Girls Republic (BCR) + Jacob Riis Cornerstone (JRC)

Application: Rolling Basis

**Program Summary:** Looking for something to do over the summer? Henry Street has Boys and Girls Republic (BGR) and Jacob Riis Cornerstone (JRC) which offers free programming of sports, cooking, academics, art activities, and recreation. Contact Leonor Colon, lcolon@henrystreet.org, 646-449-0399

**Important things to note**
- **Location:** (BCR) 888 East 6th Street, New York, NY, (JRC) 80 Avenue D, New York, NY
- **Eligibility:** Ages 14-19
- **Program Dates:** All year round, Mondays - Saturdays
- **Link:** https://www.henrystreet.org/summer22/

Sunset Park Recreation Center

**Program Summary:** With your membership you get access to hundreds of different programs, facilities, and activities including fitness and dance courses, game rooms, sports programs and more. Recreation centers operate on seasonal schedules, depending on the type of class being offered. Media Labs are offered for those interested in learning computers and multimedia production, following an independent 6-12 week schedule. Membership is free at all New York City parks and recreation centers for youth under 18 with a valid ID.

**Important things to note**
- **Eligibility:** All ages (must be 16+ to use the weight room) and proof of COVID-19 vaccine
- **Program Dates:** Teen hours are from 3:00 PM to 6:00 PM Monday through Friday and all day Saturday
- **Application Materials:** Recreation Center Membership
- **Link:** https://www.nycgovparks.org/facilities/recreationcenters/B087

**Program Title:** New York Junior Tennis League’s Community Tennis Program

**Application Deadline:** Rolling Admission

**Program Summary:** Youth receive free tennis instruction from trained coaches in schools and public parks in all 51 New York City council districts year-round. Participants should bring sneakers and water. Program members can participate in year-round tournaments and events. For more information contact Scott Daly at tc@nyjtl.org or call 347-417-8177. Accepts beginners to advanced.

**Important things to note:**
- **Eligibility:** Ages 5-18, Special needs students encouraged to apply and must show proof of COVID-19 vaccine
- **Program Dates:** TBD
- **Financial Support:** Equipment provided
Application materials: Online registration has not been uploaded yet.

Link: https://www.nyjtl.org/programs/ctp/ctp-summer/

MUSEUMS, LIBRARIES, ZOOS, PARKS & GARDENS

Program Title: Forest Project Summer Collaborative at Wave Hill

Application Deadline: March 3rd, 2023 at 5pm

Program Summary: This paid summer internship gives the opportunity to learn about ecology in an urban setting. Throughout the summer, interns gain hands-on field experience and participate in dynamic, field-based coursework. Interns will be building and maintaining woodland trails, removing invasive plant species, shoring up eroded slopes, and helping to document the process of restoring the disturbed woodland toward a more balanced state. Students are able to earn three college credits upon successful completion.

Important things to note

Program Host: Wave Hill (Bronx)

Program Date: July 2023 - August 2023 (Monday through Friday), from 9AM to 5PM

Eligibility: Must be 16 years old by June 15, 2023, currently enrolled in high school and have a strong academic record, especially in the sciences

Application: Step 1: Online application; essay questions Part 2: Apply to New York City’s Summer Youth Employment Program lottery listing St. Nick’s Alliance as your provider*

Financial Support: $2,275 compensation, and three college credits upon successful completion of the academic course

Link: https://www.wavehill.org/education/youth-internships/forest-project

Program Title: Project True Field Research Assistant Intern

Application Deadline: Mid-March, 2023

Program Summary: Spend your summer conducting field research in NYC with a team of college students and scientists from Fordham University and the Wildlife Conservation Society. Interns will contribute to ongoing research projects that improve our understanding of NYC wildlife, collaborate with Fordham University and WCS scientists, design and conduct an original research project under the mentorship of a Fordham University Undergraduate Student, present research findings to the scientific community and the general public and more. You must attend all 150 hours of sessions and participate in yearly follow-up surveys.

Important things to note

Host Organization: Bronx Zoo

Eligibility: Currently in 10th or 11th grade, able to attend all 150 hours of sessions, live in Bronx, NY*, eligible to work in the United States and must be fully vaccinated against COVID-19.

Program Dates: Late June - August 2023
SUMMER RESOURCE GUIDE 2023

Financial Support: Interns either receive a $750 stipend + MetroCard to cover travel OR are paid $15/hour through SYEP if eligible and work with WCS’s authorized provider.

Application Materials: Online application; complete 100–200-word responses to multiple questions and resume

Link: https://bronx zoo.com/teens/project-true/summer-program=25965&siteid=5168&PageType=searchResults&SearchType=linkquery&LinkID=322033#jobDetails=688042_5168

*If you do not currently live in the Bronx but have an extenuating circumstance that you would like to discuss, please email us at ProjectTRUE@wcs.org.

Program Title: Gowanus Green Team
Application Deadline: March 3rd, 2023 at 11:59PM

Program Summary: The Gowanus Green Team are paid high school apprentices engaged in environmental stewardship, nursery maintenance, green infrastructure, and urban conservation work each Spring and Summer. This program aims to educate local youth, expand job opportunities, and cultivate awareness and urgency regarding the importance of environmental work in Gowanus and New York City. Green Team is an integral part of the Gowanus Canal Conservancy’s growing maintenance team, providing stewardship for green spaces in Gowanus and the Lowlands Nursery.

Important things to note

Host Organization: Gowanus Canal Conservancy

Eligibility: Currently in the 10th and 11th grade and proof of COVID vaccination

Program Dates: May 6th - August 12th 2023

Financial Support: Paid $16/hour

Application Materials: Online application

Link: https://gowanuscanalconservancy.org/green-team/

Program Title: The Ranger Conservation Corps Internship
Application Deadline: Rolling Admission

Program Summary: The Ranger Conservation Corps is a great urban environmental internship for high school students who are interested in the natural world or environmental issues. Interns gain experience while working with the Urban Park Rangers on environmental restoration in natural areas in our flagship parks. Participants may go on exciting field trips including canoeing, overnight camping, and more. Interns receive community service hours, and the experience looks great on a college application!

Important things to note

Application Materials: Contact the Ranger Conservation Corps and the Urban Park Rangers will work with you to get you placed at a park location with a schedule that works for you. You may also call 311 (or 212-NEW-YORK, if you’re outside of NYC) and ask for the Urban Park Rangers.
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Program dates: Two sessions offered each year (in the fall and spring). Each session lasts approximately eight (8) weeks. The program occurs one day a week, on a school day afternoon for 2 to 2.5 hours.

Link: https://www.nycgovparks.org/programs/rangers/conservation-corps

Program Title: Student Historian Internship Program

Application Deadline: April 9, 2023

Program Summary: Student Historian interns are high school-aged students who use the resources of New-York Historical to conduct exciting research on untold yet highly relevant histories. Interns meet with historian mentors and take trips to history archives around the city. Inters will develop leadership skills through leading gallery tours and producing creative digital projects that cover stories that aren’t well represented in history books today.

Important things to note

Host Organization: New York Historical Society Museum and Library

Eligibility: Must be entering grades 10 through 12 or entering college in the following fall; must live in NYC, New York State, New Jersey, or Connecticut; must obtain parental consent

Financial Support: Unpaid unless financial need is demonstrated; stipend offered in this case

Program Dates: TBD, application for Summer ‘23 will be available mid-February.

Application Materials: Online application, one teacher recommendation

Link: http://www.nyhistory.org/education/teen-programs/student-historian-program

Program Title: Volunteer Opportunities at the Brooklyn Public Library

Application Deadline: N/A

Program Summary: The Brooklyn Public Library offers many volunteer opportunities for individuals who wish to gain experience in a library setting. The Library’s various volunteer positions include becoming a Book Buddy, a Librarian of Tomorrow, an After-School Homework Helper, and a member of Today’s Teens, Tomorrow’s Techie. Spread the love of reading, learning, curiosity, and tolerance and improve your local branch library by joining more than 2,000 volunteers who share their time, skills, and energy to strengthen the library community.

Important things to note

Eligibility: Ages 12+

Application Materials: online application and interview

Program Dates: Varies, please check the website to see which position you would like to apply for.

Link: https://www.bklynlibrary.org/support/volunteer

Program Title: Prospect Park Alliance

Program Summary: The Alliance offers a range of ways for individuals to volunteer in the Park. Help support an important Brooklyn resource, while meeting new people and being part of a community of 2,500 volunteers. Teens are able to join volunteer opportunities with signed parental consent. Contact Prospect Park Alliance by email, volunteers@prospectpark.org, or call 718-287-6776.
Important things to note

**Application materials:** Online application (volunteer profile) and a signed Parental Consent Form.

**Eligibility:** Ages 14-17

**Program Dates:** Vary (Volunteer season runs April-November)

**Link:** [https://www.prospectpark.org/get-involved/volunteer/](https://www.prospectpark.org/get-involved/volunteer/)

### NYC Dept. of Parks & Recreation Internships

**Program Summary:** NYC Dept. of Parks & Recreation offers a variety of internships in various departments within NYC Parks. Potential applicants should visit the internship website which lists all available internships in various departments (architecture/construction/engineering, education, law enforcement, technology, environmental, and many more).

Important things to note

**Application Materials:** Online Application; resume and cover letter or email, leslie.nusblatt@parks.nyc.gov

**Link:** [https://www.nycgovparks.org/opportunities/internships](https://www.nycgovparks.org/opportunities/internships)

### Program Title: The MET Summer High School Internships

**Application Deadline:** March 10th, 2023 at 6pm

**Program Summary:** The MET High School Internship Program offers paid opportunities for students who are in 10th and 11th grade. This program allows students to connect with art, museums, and creative professionals as they develop professional skills, network, and gain work experience.

Important things to note

**Application materials:** Online application, short essay responses, one letter of recommendation

**Eligibility:** Grades 10 - 11

**Financial Support:** paid opportunities available

**Program Dates:** June - August 2023

**Link:** [https://www.metmuseum.org/about-the-met/internships/high-school/summer-high-school-internships](https://www.metmuseum.org/about-the-met/internships/high-school/summer-high-school-internships)
Program Title: Workforce1 Career Center

Program Summary: Whether you are unemployed, hoping to make a mid-career change, or looking for your first job, Workforce1 Career Centers in each of the 5 boroughs offer job & placement search resource rooms, personalized career counseling, advice on how to interview for a job, assistance creating resumes and cover letters.

Important things to note
Eligibility: Must be 18+
Link: https://www.nyc.gov/site/sbs/careers/virtual-wflcc.page

Program Title: USAJOBS

Program Summary: The Pathway Program offers federal internship and employment opportunities for students in high school, college, trade school or other qualifying educational institutions. The program provides the opportunity to work in agencies and explore Federal careers while still in school and while getting paid for the work performed. Students who successfully complete the program may be eligible for conversion to a permanent job in the civil service.

Important things to note
Eligibility: In high school, college, trade school or other qualifying educational institution,
Application material: Transcript
Link: https://www.usajobs.gov/Help/working-in-government/unique-hiring-paths/students/