

Krystal Casey

*Motivational Speaker
& Women's Coach*

Krystal Casey is a powerhouse in the world of women's empowerment, igniting audiences with her dynamic presence, creative passion, and unwavering commitment to helping women claim their power. As an international best-selling author, certified aerial yoga instructor, sexual health educator, and proud mom, she is a multi-faceted expert in the field of personal growth and transformation.



AS SEEN IN

**She Rises
Studios**

**AERIAL YOGA
MAGAZINE**

**Unchained
Empath**

**HELLO
PROSPERITY**

SIGNATURE TOPICS

- ✓ **Women's Empowerment**
- ✓ **Self-Love + Intimacy**
- ✓ **Breaking Generational Cycles**
- ✓ **Sexual Health Education**
- ✓ **Raising Confident and Empowered Children**
- ✓ **Breathwork and Meditation**

Krystal knows the transformative power of speaking up, as she herself broke the cycle of childhood abuse and harmful beliefs through finding her voice. Her own journey, combined with her extensive education and experience, has made her a sought-after expert in the fields of women's empowerment, overcoming adversity, and sexual health education.

GET IN TOUCH



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